Specialist Therapy Services Catalogue and Price Guide

Meet Your Specialist

Jacqui Brett is the founder of J.B.O.T. UK Ltd®. She holds an LLB (Hons) in Law, a first-class BSc (Hons) in Occupational Therapy, and postgraduate certificates in Advanced Occupational Therapy and Sensory Integration, awarded with commendation and distinction, respectively.

Jacqui is a Highly Specialist HCPC-registered Occupational Therapist, Neurodevelopmental Diagnostician and Sensory Integration Practitioner. Her experience spans NHS adult community mental health, clinical leadership in inpatient child and adolescent mental health services, and multidisciplinary assessment and diagnosis of autism, ADHD and dyspraxia. As Clinical Lead at the Dyspraxia Centre of Excellence, she was responsible for developing the clinical pathway and supporting resources.

Her professional interests include sensory processing, mental health, the overlap between neurodevelopmental conditions, and the impact of these differences on everyday life. She brings a neuro-affirming and trauma-informed approach, considering each person's strengths, experiences and environment alongside their support needs.

Jacqui is neurodivergent and a mother of two neurodivergent children. This lived experience informs her understanding of the effort that can sit beneath apparent coping, and the importance of being heard, understood and appropriately supported. She is passionate about helping individuals and families build self-understanding, make informed choices and access support that enables meaningful participation.

Alongside her clinical practice, Jacqui writes educational resources and children's books, contributes to professional publications, and speaks at neurodiversity events and post-diagnostic support groups. Her work combines clinical knowledge, lived experience and practical guidance to make neurodevelopmental differences more understandable and support more accessible.

Services At-A-Glance

Service	Guide price
School observation with summary	**£450**
School observation with detailed report	**£570**
Child sensory assessment	**£795**
Adolescent and adult sensory assessment	**£795**
Remote or functional assessment	**£750 brief or £895 comprehensive**
Child neurodevelopmental needs screen	**£795**
Adult neurodivergent occupational profile	**£895**
Child or adolescent mental-health review	**£850**
Adult ADHD diagnostic assessment	**£995**
Adult or child Dyspraxia/DCD assessment	**£995**
Neurodiversity & ACT-informed occupational coaching	**£100 for an individual 60-minute session; packages from £700; employer-funded and Access to Work-funded coaching from £150 per hour**
Workplace sustainability assessment	**£1,250**
Enhanced workplace package	**£1,450**
Speaking and training	**From £500**
Clinical supervision	**From £70**
Ad hoc professional work	**£100 per hour**
Post-diagnostic support and bespoke resources	**Price on application**

Services

Child sensory assessment
Cost £795
What you can expect. For children aged 6 to 12. The assessment may include a pre-assessment questionnaire, a home or school visit, naturalistic observation, the Sensory Processing Measure, Second Edition (SPM-2), the PEDI-CAT and the MAIA Youth version, selected according to the referral question. The report explains the child's sensory profile, its effect on everyday participation and supportive strategies.

Child or adolescent neurodevelopmental needs screen
Cost £795
What you can expect. A non-diagnostic screen integrating developmental history, sensory and functional information, discussion with educators where appropriate and selected measures across settings. Measures may explore attention, executive functioning, masking, anxiety, mood, alexithymia and participation. The summary identifies patterns of need, immediate supports and whether further assessment should be considered.

Child or adolescent mental-health review
Cost £850
What you can expect. A focused review of emotional wellbeing and functional impact using clinical interview, contextual information and selected evidence-based measures. It provides a formulation, practical recommendations and guidance on appropriate onward support. It is not a psychiatric diagnosis or crisis service.

School observation with summary
Cost £450
What you can expect. A face-to-face observation of the young person in school, with discussion with educators and information gathered from home and school. The written summary identifies observed strengths, needs and practical support that may be helpful.

School observation with detailed report
Cost £570
What you can expect. A more detailed school-based assessment for situations requiring fuller evidence. It includes observation, consultation with educators, information from home and school, analysis of functional impact and a detailed report with recommendations.

Adolescent and adult sensory assessment
Cost £795
What you can expect. For young people and adults aged 13 and over. This may include a pre-assessment questionnaire, clinical interview, the SPM-2, MAIA-2 and sensory modulation measures, selected according to need. The report provides a clear visual sensory profile, functional interpretation and individualised strategies.

Dyspraxia/DCD assessment (Adult or child)
Cost £995
What you can expect. A comprehensive assessment of motor coordination and its effect on everyday occupations. It may include developmental and medical history, clinical observation, standardised motor assessment, handwriting or sensory measures, functional evidence across settings and collateral information. Evidence is considered against DSM-5-TR and ICD-11 criteria. A motor score alone does not determine diagnosis. Where medical exclusion or additional expertise is needed, multidisciplinary evidence will be sought or a clearly documented working diagnosis provided pending confirmation.

Adult ADHD diagnostic assessment*
Cost £995
What you can expect. A comprehensive assessment completed by a Highly Specialist HCPC-registered healthcare professional with extensive training and diagnostic-assessment experience. The assessment includes developmental, psychiatric and psychosocial history, symptoms and impairment across settings, collateral information where available, mental-state and risk assessment, and consideration of differential and co-occurring conditions. Evidence is mapped against recognised diagnostic criteria; diagnosis is never based on rating scales alone. Multidisciplinary or medical input is sought when complexity, uncertainty or risk requires it.

*NICE guideline NG87 states that ADHD diagnosis may be undertaken by an appropriately qualified healthcare professional with training and expertise in diagnosing ADHD.
This assessment pathway does not include medication assessment, prescribing or titration.

Remote or functional assessment (adult or child)
Cost £750 brief or £895 comprehensive
What you can expect. A needs-led assessment of barriers affecting daily living, education or community participation. It may include interview, observation and selected measures such as WHODAS 2.0, executive-function questionnaires, cognitive screening or the PEDI-CAT. The report can provide supporting functional evidence for applications such as DLA, PIP, Blue Badge or Disabled Students' Allowance, but does not determine entitlement.

Adult neurodivergent occupational profile
Cost £895
What you can expect. A non-diagnostic assessment of how sensory processing, executive functioning, emotional regulation, masking, motor coordination and environmental demands affect everyday life, education or work. Findings are integrated using ICF- and NFOE-informed clinical reasoning to describe strengths, barriers, hidden effort and sustainable adjustments.

Workplace sustainability assessment
Cost £1,250
What you can expect. A detailed assessment of the interaction between the person, their role and the working environment. It explores sensory demands, executive functioning, communication, fatigue, masking, motor or physical needs and barriers to sustainable performance. The report provides prioritised, practical recommendations and suggested reasonable adjustments for discussion with the employer.

Enhanced workplace package
Cost £1,450
What you can expect. The workplace sustainability assessment plus enhanced implementation support. The package is tailored to the referral and may include liaison with the employer, a sensory profile, goal-focused follow-up or email check-ins. The agreed components and timescale are confirmed in writing before work begins.

Neurodiversity & ACT-Informed Occupational Coaching
Cost: £100 for an individual 60-minute session. Packages from £700. Employer-funded and Access to Work-funded coaching from £150 per hour.
What you can expect. Individualised coaching for neurodivergent adults and young people aged 16 and over. Sessions may explore executive functioning, routines, emotional and sensory regulation, sustainable productivity, occupational balance, self-advocacy, workplace or education demands and the practical implementation of recommendations.
Coaching packages combine goal-focused sessions with agreed written resources, action planning and between-session support. More comprehensive packages may include sensory or occupational profiling, a detailed strategy report and progress monitoring. Coaching is neurodiversity-affirming and informed by occupational therapy, ACT principles and specialist neurodevelopmental practice.
Coaching does not replace mental-health treatment, crisis support or diagnostic assessment. Suitability and the precise package contents are agreed before booking.

Post-diagnostic support and bespoke resources
Cost: Price on application
What you can expect. Neurodiversity-affirming support to understand a diagnosis, identify needs and translate recommendations into everyday life. Support may include occupational profiling, sensory work, autism-informed or ADHD-informed strategies, Access to Work preparation, ACT-informed occupational coaching, parent support, workbooks or personalised social narratives. A written proposal is provided once the required level of support is understood.

Speaking and training
Cost: From £500
What you can expect. Bespoke seminars, webinars and staff training delivered in person or remotely. Content, preparation, duration, audience size, travel and any delegate resources are agreed in advance and reflected in the quotation.

Clinical supervision
Cost: From £70
What you can expect. Remote occupational therapy supervision aligned with HCPC and RCOT expectations. Sessions provide reflective space to explore clinical reasoning, professional development, boundaries, risk and complex practice.

Why choose J.B.O.T. UK Ltd®

J.B.O.T. LTD UK® provides specialist, evidence-informed assessment with a strong focus on how neurodevelopmental differences affect everyday occupations, participation and wellbeing.

Specialist professional expertise
An HCPC-registered occupational therapist leads the assessment, with specialist training and experience in neurodevelopment, sensory integration, functional assessment, and diagnostic work. Please see the 'About Me' section on our website.

Integrated clinical reasoning
Information from interview, observation, standardised measures, developmental history and collateral sources is considered together. Questionnaire or test scores are never interpreted in isolation.

Neurodiversity-affirming practice
Reports recognise strengths as well as needs and consider masking, hidden effort, fluctuating capacity, environmental fit and sustainable participation.

Practical and personalised recommendations
Findings are translated into clear strategies and adjustments that can be used at home, in education, at work or in the community.

Clear professional boundaries
Diagnostic and non-diagnostic services are clearly distinguished. Additional medical, psychiatric, psychological or multidisciplinary input is sought or recommended when the evidence, complexity or risk requires it.

- ☑ **Qualified**
- ☑ **Experienced**
- ☑ **Insured**
- ☑ **5 Star Reviews**

Client Feedback ★★★★★

I contacted Jacqui as I needed a detailed report for my daughter regarding her sensory needs, and I honestly couldn't be happier with the service she provided. Jacqui tailored a package that was perfect for what we needed. She carried out a school observation to fully understand my daughter's presentation and needs and sent all relevant questionnaires and forms with plenty of time to complete them.
Communication was excellent throughout, Jacqui always responded promptly to emails, and I never had to chase anything. Once everything was completed, the report was provided quickly and was incredibly thorough. It includes detailed observations, a clear understanding of my daughter's needs across both home and school and really helpful recommendations that we can start putting in place straight away. This report will be vital in helping us move forward with getting the right support and assessments in place.
I would highly recommend Jacqui, she has been amazing from start to finish and I'm so glad we found her. It has been absolutely worth it. Thank you, Jacqui!

It was a pleasure to meet Jacqui. ....
Her insight was valuable for myself and my child's future. I have had multiple neurodevelopment specialists assess my child over the past 2 years, both privately and via the NHS. So the extra effort she went to was noticeable.
Her approach was more personal, she is highly observant with stimming and self regulation as well as her ability to embed differentiation methods during assessment.

Once assessment has been completed she is efficient and detailed in her report writing. I have already reccommened her to friends and family as her insights as a professional are amazing. What she notices which other professionals have once over looked. I could have not of asked for a better service.

Thank you for going above and beyond.

Jacqui recently carried out an assessment on my daughter. She was brilliant from start to finish. Communication was prompted and clear. All paperwork was sent with enough time to complete and ask questions if necessary. Nothing was too much trouble.

The biggest thing for me was how patient centred her approach is even given my daughters age (9). She listened to and asked her the questions. This is something not many professionals do. Jacqui's report was brilliant, easy to read and understand. Very indepth and helpful. The report was completed quicker than any other reports I've had to obtain for my daughter which is yet another positive of Jacqui.

I would highly recommend Jacqui to anyone.

I just wanted to say how great Jacqui was in my assessment. She made me feel so at ease and I've never had my experiences feel so justified and validated. I felt like our session achieved more than years of therapy.

Jacqui, for the gift that diagnosis has given R. for their lifetime... thank you! and, for the warmth, grace, compassion and competence with which you conducted their assessment... thank you even more!
You have given them answers, that in time, I hope will feel like wings! All our thanks.

Read more on our testimonials page or via Google Reviews.

Important information

- A preliminary discussion helps confirm which service is most appropriate and whether J.B.O.T. LTD UK® can safely meet the referral need.
- We offer a FREE 15-minute G-Meet call for all new clients.
- You are responsible for reading the full terms and conditions of service prior to booking any service.
- Assessments and reports provide professional evidence and recommendations but cannot guarantee a diagnosis, benefit award, education decision, workplace outcome or funding approval.
- Assessment reports are not worded specifically for EHCP, tribunal or court proceedings. J.B.O.T. LTD UK® does not attend tribunals.
- Travel, venue costs, additional sessions, specialist measures and independent professional fees may be charged separately where applicable. Any additional cost will be agreed in advance.
- Urgent mental-health concerns, safeguarding emergencies and crisis support require the appropriate NHS or emergency pathway and are outside the scope of these services.
- Information is correct at the time of production (Autum/winter 2026).

Please contact us via email at info@jbotuk.com, Intsagram or via our contact page for availability, a suitability discussion, and a written quotation.

Client Notes

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Find us at :
Web: https://www.jbotuk.com/
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